



Canadian Institutes  
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CIHR CAFÉ SCIENTIFIQUE  
PRESENTS

# Science on tap

## Quench your interest

March 4<sup>th</sup>, 6:00-8:00pm

The Railway Club, 579 Dunsmuir Street, Vancouver, BC

For more information or to RSVP to this event please contact:  
smcbride@phsa.ca

### **Seeds of Change: Community Based Research in Practice**

Community Based Research (CBR) is gaining recognition as an important tool to address health problems. This event is aimed at connecting the public with those involved with CBR projects, and to stimulate conversation about the value of CBR in mental health and addictions research, the processes and outcomes of CBR projects, and avenues for community participation in CBR. Please join us for a series of short presentations and conversations about three diverse research projects that have been undertaken in British Columbia in the field of mental health and addictions.

#### **Jamie Livingston**

Researcher  
BC Mental Health and Addictions Services  
"People with Mental Illness and the Police:  
Redistributing Power through Research"

#### **Erin Michalak**

Assistant Professor, Department of Psychiatry,  
University of British Columbia  
"CBR in Mental Health and Addictions:  
Opportunities and Challenges"

#### **Sandra Hale**

Master of Science Rehabilitation (Candidate)  
University of British Columbia  
"Job Accommodations: Perspectives from  
People with Bipolar Disorder"

#### **Michael Crain**

Knowledge Translation Lead  
CREST.BD Team  
"Understanding what Recovery Means to  
People Living with Bipolar Disorder"



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Moderator:

#### **Elana Brief**

Research Scholar  
National Core for Neuroethics



BC Mental Health  
and Addictions  
Research Network